

## Prize List - also see page 3

### Men

1st	£45
2nd	£40
3rd	£35
4th	£30
5th	£25
6th	£20
7th	£15
8th	£10

### Women

1st	£45
2nd	£40
3rd	£35
4th	£30
5th	£25
6th	£20
7th	£15
8th	£10

### Veterans (target)

1st	£45
2nd	£40
3rd	£35
4th	£30
5th	£25
6th	£20
7th	£15
8th	£10

### Paracyclists (factor)

1st	£45
2nd	£40
3rd	£35

### Juniors (M)

1st	£45
2nd	£40
3rd	£35

### Juniors (F)

1st	£45
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The Athletes' Prizes are awarded to the fastest riders who complete the 2-lap and 3-lap events using "road race equipment" rather than "time trial equipment". This means that riders will use standard road bikes without aero extensions (including clip-ons) and will not wear time trial helmets. Disc wheels are not permitted but all others that could be used in a road race will be accepted. Eligibility will be assessed on the start line by an official whose decision will be final.

### Men

1st	£30
2nd	£20
3rd	£10

### Women

1st	£30
2nd	£20
3rd	£10

### Vet/para/junior

1st	£30
2nd	£20
3rd	£10

## Buxton CC Mountain Time Trial 2019

[www.buxtoncyclingclub.co.uk/MTT](http://www.buxtoncyclingclub.co.uk/MTT)

Promoted for and on behalf of Cycling Time Trials and under their regulations.

Good Friday, 19th April 2019, First Rider Off at 11:01am

**HQ:** St Bartholomew's Primary School, Longnor, SK17 0NZ. Open at 10:00am for registration. Printed copies of the start sheet will be available for collection, along with race numbers. There are toilet facilities and tea, coffee and snacks will be available. **No competitor or spectator parking is available at the HQ.**

**Organiser:** Tony Millington 27 Derwent Road, High Lane, Stockport SK6 8AT

01663763357 Mobile 07730759973

Email for the event [TTT2019@gmx.com](mailto:TTT2019@gmx.com)

**Timekeepers:** Judith Soden & Ian Ross (start), Adrian Humpage (finish).

**Marshals:** Members and friends of Buxton CC.

**Course J 8/3:** Men and Male Espoirs do 3 laps (33 miles), Women, Paracyclists, Juniors and Veterans do 2 laps (22 miles).

### Course Description

Start in Longnor by entrance to the school. Proceed on B5053 (towards Glutton), take the left turn at edge of Longnor before top of hill and proceed along unclassified road to the Knights' Table Inn and Flash Bar Stores on A53. Turn left on to the A53 towards Leek and proceed past the Royal Cottage. Turn sharp left towards Longnor just before the Winking Man. In Longnor turn left into Calder Green and left again onto Buxton Road to continue past the start (11 miles) and complete a further 1 or 2 laps. The finish on the second or third lap is just before the left turn onto Calder Green in Longnor.

A course map and profile can be found at [www.buxtoncyclingclub.co.uk/MTT](http://www.buxtoncyclingclub.co.uk/MTT)

### Prize Presentation

If you can, please stay for the prize presentation, which takes place as soon after the finish as possible.

### **Parking (important)**

Longnor, a pleasant location in the Peak District, isn't designed to accommodate over one hundred and twenty riders, spectators, and helpers. Please respect the privacy of the residents and do not obstruct or inconvenience them.

#### **There is NO competitor or spectator parking at the HQ**

If you are unable to park in Longnor you will find spaces along the roads towards Warslow and Sheen or beyond the first left turn after the start. **Please do not park on the course**, especially the section through Carder Green near the finish.

There will be roving marshals to check on this and any competitor who contravenes this will be liable to disqualification from the event.

### **Regulations**

Riders must exercise caution at all junctions. Any competitor who crosses to the wrong side of the road when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.

No "U" turns in the vicinity of the start and finish. Observers will be watching.

Head up and observe local regulations at all times.

Pace must not be given or received. The onus is on caught riders to adhere to this rule.

All riders must sign on when collecting their numbers.

Riders must also sign out when retuning numbers. Failure to sign out will be recorded as DNF (did not finish)

### **Warnings**

Please remember this is a mountain time trial, so bring some low gears, good tyres and brakes and take care on the descents. Most riders should be okay with 39 X 23 bottom gear.

Please avoid riders who are just setting off as you pass the start for your second or third lap.

Do not congregate at the finish or distract the timekeepers. Times will be on display at the headquarters.

### **Hotel Milano Helvetia, Italy**

The Buxton CC Mountain TT has again been sponsored by Hotel Milano Helvetia, Riccione in Italy ([www.hotelmilano.net](http://www.hotelmilano.net)), one of the area's famous "Bike Hotels". The hotel is offering prizes of 2 five day stays at the hotel on their "Plus" package for cyclists, one for the winner of the Men's/Espoirs' event and one for the winner of the Women's event. During their stay, the package will give our winners bed, breakfast, evening meal and post-ride afternoon buffet along with the assistance of a guide to show them the best local routes (with the hotel's other guests of course). The prizes don't include air fares but many UK airports have budget routes to destinations in north eastern Italy which allow easy transfers to the hotel by bus, train or taxi. Bike hire is available at the hotel.

The Hotel Milano Helvetia will, in addition, be offering a 10% reduction on the cost of their stay (excluding extras like bike hire and bar bills, of course) to ALL ENTRANTS to the event!

### **Sett Valley Cycles**

Sett Valley Cycles is the Buxton Cycling Club sponsor, supporting us in many ways including their prizes for the Buxton Mountain TT. Sett Valley Cycles is a traditional bike shop with a professional workshop. It is situated in the heart of New Mills on the edge of the Peak District, one of the most spectacular areas in the country for both road and mountain biking.